PARENTAL / GUARDIAN CONSENT FORM

FiThrive Platform: Athletes aged 16 and 17

This Parental and Guardian Consent Form (the "Form") is issued by:

[Full legal name of sports organization / club / federation / academy], [registered address], [country] (the "Organization");

in connection with the Organization's use of the FiThrive athlete readiness monitoring and team management platform (the "Platform"), operated by:

FiThrive, Inc., a Delaware corporation with its registered office at 131 Continental Dr, Suite 305, Newark, DE 19713, United States, info@fithrive.app, https://fithrive.app ("FiThrive").

FiThrive's representative in the European Union under Article 27 GDPR is Data Protection Representative Limited, trading as DataRep, 77 Camden Street Lower, Dublin D02 XE80, Ireland, datarequest@datarep.com. Correspondence must be addressed to "DataRep" and not to a named individual.

The Platform is not available to any individual under sixteen (16) years of age. This restriction is enforced technically and cannot be overridden by the Organization. This Form is required for athletes aged sixteen (16) and seventeen (17).

This Form must be completed and signed by the parent or legal guardian, and signed by the athlete, before an account is created for the athlete and before any personal or health data relating to the athlete is entered into the Platform. **The signed Form is retained by the Organization. FiThrive does not receive, hold or process the signed Form itself.** At the point of inviting the athlete, the Organization confirms within the Platform that this consent has been obtained; the Platform records that confirmation and will not issue the invitation without it.

Part 1: Details of the athlete

Full name	_____
Date of birth	_____
Team / squad	_____

Part 2: Details of parent or legal guardian

Full name	_____
Relationship to athlete	☐ Mother ☐ Father ☐ Legal guardian ☐ Other: _____

Part 3: How the Platform works and who is responsible

The Organization uses the Platform to support the health, performance and development of its athletes. Athletes complete short check-ins about their physical and mental condition, which coaching staff use for training planning and athlete welfare.

The Organization is the data controller: it decides what is collected, why, and who in the Organization sees it. FiThrive is its data processor and uses the athlete's data only to provide the Platform, never for advertising or for purposes of its own. For the user account, the optional usage analytics and the crash diagnostics (4.4), FiThrive is itself a controller; see its Privacy Policy at fithrive.app/privacy-policy.

Encryption

Wellness answers, scores, body metrics, messages, notes and files are encrypted on the user's device before they are sent. FiThrive cannot read them or produce a readable copy. Answers, scores and body metrics are read within the athlete's team, as the table in Part 6 shows; messages, notes and files by the people they are shared with. If the athlete forgets their password, an administrator or coach of the team can restore access. Medical records (4.6) are not encrypted in this way.

Part 4: Data collected about the athlete

4.1 Profile and account data

Name and email address; date of birth and nationality; a profile photograph where provided; role and team; sign-in identifiers, including the Google or Apple account identifier where used; push notification tokens; the time the athlete was last active. FiThrive holds this data in readable form.

4.2 Wellness, training and readiness answers, and body metrics

Entered by the athlete. Daily: sleep, mood, muscle soreness and fatigue. After training: duration, perceived intensity, mental and tactical load, and an injury indicator. Weekly: recovery, physical and mental condition, stress, sleep, nutrition and hydration, pain or injury, and readiness. Where recorded, height and weight. This is health data; it is end-to-end encrypted and FiThrive cannot read it.

4.3 Scores and automated comparisons

From these answers the Platform computes scores on the athlete's own device (OPR, FTL, WRS and FAS) and sorts them into three bands; a reported injury moves the band to the middle state. For coaches, staff and administrators it also points out athletes whose recent answers fall below set thresholds or below their own usual level. The athlete sees the team average and their own position in it. Scores are stored encrypted; FiThrive cannot read them.

Scores are indicators, not medical assessments. Decisions about training, selection, playing time and welfare rest with the Organization's qualified staff and must not be based on a score alone. If the Organization lets a score decide an outcome without human assessment, the rights in Part 8 apply against the Organization.

4.4 Technical and usage data

Crash diagnostics (error messages, app version, device platform) and, only if the athlete opts in within the Platform, usage analytics (screens and features used). Both stay on FiThrive's own systems; no third-party analytics, advertising or crash-reporting service is used. The Platform does not connect to wearables or health apps and collects no sensor, location or advertising data.

4.5 Messaging, calendar and activity records

Message content, notes and files are end-to-end encrypted. The surrounding records are not: who sent a message to whom and when, names of groups and channels, calendar events and attendance, and records that the athlete submitted a form, with the form's title and time. Where a form's title shows what it is about, FiThrive therefore holds a readable record that the athlete submitted a form of that kind, though not the answers.

4.6 Medical records (only where the Organization uses the medical features)

Injury and illness cases kept by medical staff the Organization appoints: description, body area, dates, treatment and rehabilitation notes, doctors' reports and files, return-to-play clearance, availability and expected return date, reports the athlete makes, and concerns raised by coaches or staff. This is health data. Medical records are not end-to-end encrypted: they are stored in the European Union, encrypted at rest and in transit, and readable only by the appointed medical staff, the athlete and anyone the athlete chooses to share a case with. Coaches, staff and administrators of the team see only availability and its history, the expected return date, the title of an open case and the fact that the athlete reported pain or discomfort. Openings of the record and every change are logged and visible to the athlete. FiThrive does not use medical records for its own purposes; its personnel can technically reach them at the hosting level, which is permitted only on the Organization's instruction or where strictly necessary to restore the service or investigate a security incident.

4.7 Requests to the Fi Intelligence assistant (only where the Organization uses it)

Coaches, staff and administrators may type or speak requests to an AI assistant that prepares entries for them to check, such as a training session or a reminder. A request may contain the athlete's name. Its text is sent to Anthropic, PBC in the United States, which processes it for FiThrive and does not use it to train its models. A spoken request is turned into text by the staff member's own phone (Apple or Google speech service). FiThrive does not store the content of requests, and athletes cannot use the assistant.

Part 5: Consent

By signing this Form, I consent to the Organization and FiThrive processing the personal data of the athlete named in Part 1 that is described in Part 4, for athlete monitoring, team management and performance support. I understand that the data at 4.2 and 4.3 and, where the Organization uses the medical features, at 4.6 is health data (special category data under Article 9 GDPR), and I give explicit consent to its processing under Article 9(2)(a) GDPR.

Without this consent the athlete cannot use the Platform. The optional usage analytics (4.4) and a profile photograph (4.1) are the athlete's own choice within the Platform and are not covered by this consent.

Part 6: Who can see the athlete's data

Party	What they can see	Purpose
The athlete	All of their own data	Personal review and daily entry
Coaches, staff and administrators of the athlete's team	Answers, scores, trends, injury indicators, training data and body metrics; profile data and attendance. Where the medical features are used: availability and its history, expected return date, the title of an open case and that the athlete reported pain – not the medical record	Welfare, training planning and team management
Medical staff appointed by the Organization	The athlete's medical record (4.6)	Care and availability planning
Other athletes in the team	Name, email address, photograph, role, nationality, date of birth and when last active; the team calendar. The Platform shows them the team average and their own position in it, calculated on their devices from team members' values	Team coordination; team average
FiThrive	Readable data at 4.1, 4.4 and 4.5; medical records (4.6) only in the cases stated there; everything else only in encrypted form	Operating, securing and supporting the Platform
FiThrive's sub-processors	Only as needed for hosting, back-up, notifications, email and AI assistant requests (4.7); encrypted content only in encrypted form	Infrastructure; list at fithrive.app/subprocessors

The athlete's data is stored in the European Union. The current list of FiThrive's sub-processors is published at fithrive.app/subprocessors. Transfers outside the European

Economic Area are made under the European Commission’s standard contractual clauses. FiThrive does not sell the athlete’s personal data.

Part 7: Retention and back-ups

Data is kept while the account is active. When the account is deleted, the athlete’s encryption keys are destroyed, which makes all encrypted content permanently unreadable, and the profile is anonymized. Medical records are deleted at once when the account is erased, and otherwise 2, 5 or 10 years after the athlete leaves the Organization, as the Organization sets. Technical records are deleted after fixed periods of 30 days to 36 months, listed in FiThrive’s Privacy Policy.

Back-ups. Deleted data can remain in FiThrive’s back-ups for up to twelve months, until those copies expire. Content that was end-to-end encrypted cannot be read from a back-up once its keys are destroyed.

Part 8: Your rights

The Organization is the data controller, so contact it first. You may ask for a copy of the athlete’s data, for its correction, deletion, restriction or portability, object to its processing, and ask for a human review where a score materially affects the athlete (Article 22 GDPR). FiThrive cannot produce a readable copy of end-to-end encrypted content; the athlete can read it in the Platform.

You may withdraw this consent at any time by written notice to the Organization. Withdrawal ends the athlete’s use of the Platform and does not affect earlier processing. You may also complain to the data protection authority of your country: [name and website of the authority].

Organization contact	_____
FiThrive contact	info@fithrive.app (subject line: PRIVACY)
FiThrive’s EU representative	DataRep, 77 Camden Street Lower, Dublin D02 XE80, Ireland, datarequest@datarep.com

Part 9: Declaration and signatures

By signing this Form, the undersigned parent or legal guardian confirms that:

(a) they are the athlete's parent or legal guardian and may consent on the athlete's behalf;

(b) they have read and understood this Form, including who can see the athlete's data (Part 6) and what is not end-to-end encrypted (4.5 and 4.6);

(c) the consent in Part 5 is given freely and may be withdrawn at any time.

Athlete. I am the athlete named in Part 1. I have read this Form and I give the consent in Part 5 myself, including my explicit consent to the processing of my health data.

Parent or legal guardian	**Athlete**
_____	_____
(signature)	(signature)

Date: _____ Place: _____

This signed Form is retained by the Organization and is not sent to FiThrive. It must be produced to FiThrive or to a supervisory authority on request.